

XS Fuel Snack Food Bar Frequently Asked Questions



XS FUEL SNACK FOOD BAR
CAFÉ LATTE BLAST
ITEM NO. 120357
[12 X 50G FOOD BARS]



XS FUEL SNACK FOOD BAR
COCONUT CRISP BLAST
ITEM NO. 120358
[12 X 45G FOOD BARS]

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Q: What Flavours do the XS Fuel Snack Food bars come in?

A: Café Latte Blast is recommended for those who prefer Protein as an energy source and Coconut Crisp Blast is recommended for those who prefer Fatty Acids as an energy source.

Q: Can the XS Fuel Snack Food Bars be used as a meal replacement?

A: XS Fuel Snack Food Bars are a great choice for a nutritious snack and a convenient way to curb unhealthy cravings and avoid unwanted, low-quality kilojoules. They should be enjoyed as part of a wholesome and balanced diet.

We always recommend consulting your physician or certified nutritionist before using XS Fuel Snack Food Bar as a meal replacement.

Q: Are XS Fuel Snack Food Bars good for strength training?

A: Absolutely. Getting enough clean protein and essential fatty acids is critical to strength gains. If you want to add measurable lean muscle mass, the most important thing to do is increase protein intake and essential fatty acids.

It's best to consume this protein in several small meals throughout the day, so that you can keep your body constantly flushed with amino acids. Fuel Snack Food Bars are a convenient way to keep your levels up, to boost energy and support recovery.

Q: Can children use XS Fuel Snack Food Bars?

A: XS Fuel Snack Food Bars were developed based on adult nutritional needs. These products are not recommended for use in children under the age of 4 years and are acceptable for only occasional use in children older than 4 years of age. If you plan to use these products for children less than 4 years of age, please check with the child's health care professional first.

Q: Are the XS Fuel Snack Food Bars Certified Gluten Free?

A: Although only the Café Latte Blast flavour does not have gluten-containing ingredients (wheat, rye, barley, malt), both bars are not certified gluten-free.

Coconut Crisp Blast has one ingredient originating from malt.

Q: Are the XS Fuel Snack Food Bars that do not have gluten-containing ingredients made on the same lines as those bars that are not free of gluten-containing ingredients? If so, how do we clean the lines between each bar?

A: Yes, the XS Fuel Snack Food Bars that do not have gluten-containing ingredients may be made on the same lines as bars that have gluten-containing ingredients. The manufacturing lines are cleaned thoroughly between the productions of different batches of XS Fuel Snack Food Bar flavours. In manufacturing the XS Fuel Snack Food Bars, our production and quality assurance staff are always mindful of what allergens may be present, and manufacturing lines are cleaned and inspected following good manufacturing procedures to assure allergens are not transferred to another product.

Q: Do any of the XS Fuel Snack Food Bars contain high fructose corn syrup?

A: None of the XS Fuel Snack Food Bars contain high fructose corn syrup.

Q: Do any of the XS Fuel Snack Food Bars contain gelatine?

A: None of the XS Fuel Snack Food Bars contain gelatine.

Q: Do any of the XS Fuel Snack Food Bars contain any Hydrogenated or Irradiated ingredients?

A: None of the XS Fuel Snack Food Bars contain Hydrogenated or Irradiated ingredients.

Q: Is there any heat applied in the manufacturing process of the XS Fuel Snack Food Bars.

A: Not at all. The whole process is done cold.

Q: What sweeteners are used in the XS Fuel Snack Food Bars?

A: Café Latte Blast – Steviol Glycosides and Coconut Crisp Blast – Xylitol and Steviol Glycosides. There is no added sugar in the production of both products.

Q: Do the XS Fuel Snack Food Bars contain any soy protein? (If so, is it genetically modified?)

A: XS Fuel Snack Food Bars contain NO Soy Protein but Soy Lecithin. Food allergy research has shown that the majority of individuals that have a negative reaction to soy are reacting to soy protein found in soybeans. Soy oil and soy lecithin do not contain soy protein. Because of this, some individuals are able to consume soy oil and soy lecithin without an allergic reaction.

Of course, the degree and severity of an allergic reaction varies with each individual. If you have a soy allergy, make sure to consult your physician about the safety of soy oil and soy lecithin in your special diet. Some individuals are very sensitive to soy and are not able to consume soy oil or soy lecithin.

Q: What is the ideal temperature to store XS Fuel Snack Food Bars?

A: At room temperature in a cool and dry place.

