

Product Name	SKU-No.	product <b>suitable</b> for <b>diabetics?</b>	product <b>suitable</b> for <b>vegans?</b>	product <b>suitable</b> for <b>vegetarians?</b>	product <b>contains</b> raw mat.from <b>eggs?</b>	product <b>contains</b> <b>gluten?</b>	product <b>contains</b> <b>wheat?</b>	product <b>contains</b> <b>dairy products?</b>	product <b>contains</b> <b>beef?</b>	Remarks
<b>Food Supplements</b>										
Double X	5928 , 8951	yes (lactose)	no	no	no	no	no	yes (lactose)	yes (gelatine)	
Daily	4215 , 5718	(yes)*	no	no	no	no	no	no	no	
Iron Folic Plus	100295	yes	(no) (oyster shell!)	(yes?) (oyster shell!)	no	no	no	no	no	
Conc. Fruit & Vegetable	100296	(yes)*	no	no	no	no	no	no	yes (gelatine)	
Lecithin E chew	4042	(yes)* (diif.sugars)	no	no	no	no	no	no	yes (gelatine)	
Wheatgerm E	330013, 4312	yes	no	no	no	yes	yes	no	yes (gelatine)	
Vitamin C	8618, 4252	yes	yes	yes	no	no	no	no	no	
Omega-3-Complex	4298	yes	no	no	no	no	no	no	yes (gelatine)	+ FISH-oils
Calcium Magnesium	5848	yes	(no) (oyster shell!)	(yes?) (oyster shell!)	no	no	no	no	no	
Selenium E	330014, 5970	yes	(no) (oyster shell!)	(yes?) (oyster shell!)	no	no	no	no	no	
Nat. Multi-Carotene	0379, 8058	yes	no	no	no	no	no	no	yes (gelatine)	
Nat. B-Complex	8620, 7337	yes (lactose)	no	(yes?) (yeast)	no	no	no	yes (lactose)	no	
Children chewable Multivit/Min	8607	(yes)* (diff. sug.)	no	no	no	no	no	no	yes (gelatine)	
Chewable Iron	8669	(yes)* (glucose)	yes	yes	no	no	no	no	no	
<b>Herbals</b>										
Glucosamine & Boswellia	100108									
SawPalm.+NettleR/Prostafit	8004	yes	no	no	no	no	no	no	yes (gelatine)	
Bilberry with Lutein	8007	yes (fruc, lact)	no	no	no	no	no	no	yes (gelatine)	+FISH (tuna oil)
Garlic	100566	yes	yes	yes	no	no	no	no	no	
Siberian Ginseng	5985	(yes)* (Glucose)	no	(yes?) (yeast)	no	no	no	no	no	
Echinacea	5986	yes	yes	yes	no	no	no	no	no	
<b>Food (Nutrilite)</b>										
Posi Protein Bar Choc-mint	101140	yes (polyols+sweet)	no	yes	no	no	no	yes (mainly protein)	no	
Posi Protein Bar Orange-cream	101141	yes (polyols+sweet)	no	yes	no	no	no	yes (mainly protein)	no	
Protein Powder	145	yes (polyols+sweet)	no	yes	no	no	no	yes (mainly protein)	no	
Positrim Drink Mix Cocoa	4597	yes (fructose, lact.)	no	no	no	no	no	yes (protein+ lact.)	yes	
Positrim Drink Mix Vanilla	4600	yes (fructose, lact.)	no	no	no	no	no	yes (protein+ lact.)	yes	
Posi Food Bar Peanut	358	no (diff. sug.+lact.)	no	(yes?) (yeast)	no	no	no	yes (protein+ lact.)	no	

**Note:**

**Please, read the headline of the rows carefully (suitable versus contains is easily confused!)**

**"Suitable for diabetics"**: in general, all **Food Supplements and Herbals (tablets, capsules)** are suitable for Diabetics even if they contain sugars, because they are consumed up to 2 g per day only

if this "diabetics row" is marked **yes**, product contains no sugars which are not suitable for diabetics: e.g. no glucose, no saccharose, no invert sugar, but still it can contain maltodextrin and/or lactose (lactose is indicated if contained)

if the mark is **(yes)\*** the product contains low amounts of e.g. glucose or saccharose or invert sugar, but the amounts are neglectable for diabetics.

if the mark is **(no)\*** the product contains higher amounts of e.g. glucose or saccharose or invert sugar and/or lactose and depending on the dosage should be considered with care.

**"Suitable for Vegetarians"**: we consider milk products, egg products and (as may be tolerable) yeast and oyster shell containing products as suitable for vegetarians, fish is considered as (may be) non-suitable.