

**Mix & Match** products from **different g&h lines** to build your **personalised** body care routine

g&h™

## Prepare to thrive

Morning routine to prepare you for the day ahead

**g&h™ Refresh Exfoliating Body Wash** to awaken and refresh your skin  
**g&h™ Protect Antiperspirant Deodorant Roll On** to keep you feeling and fresh all day  
**g&h™ Nourish Lip Balm and Nourish Hand Cream** to keep close and use whenever you need it  
**Artistry™ Renewing Reactivation Day Cream SPF 30** to help prevent visible damage from blue and infrared light



**Protect UV Sunscreen SPF 50+ PA++++** provides broad spectrum protection for when you're spending longer hours in the sun

## Fun in the sun

Prepare yourself and your family for a day outdoors

**g&h™ Protect UV Sunscreen SPF 50+ PA++++** for easy-to-apply protection against damaging UV rays  
**g&h™ Protect Hand Soap** to wash away bacteria, dirt, oil and impurities, quickly and conveniently  
**Artistry Studio™ Refresher + Protector Face Mist** to instantly hydrate and refresh skin



## Relax before bed

Enjoy some 'me' time at the end of the day

**g&h™ Nourish Body Wash** to gently cleanse skin after a long day  
**g&h™ Nourish Body Lotion** to soothe skin and indulge your senses  
**g&h™ Nourish Foot Cream** to nourish your feet with deep moisture  
**Artistry™ Renewing Reactivation Cream** to reactivate skin's natural repair process



Discover the **NEW g&h Body Care** collection at [amway.co.za](http://amway.co.za)